



## - <br> Le Resume

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& \text { Vol. } 100 \\
& \text { Salida High School } \\
& 26 \text { Jones Avenue } \\
& \text { Salida, Colorado }
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## Tami Thompson, Principal

## 2012-2013

We watched as the new school was built from the ground up last year, in hopes of a new beginning and a fresh start. When school began, we walked the new halls like ghosts, aimlessly stumbling upon our classrooms. We practiced in the shiny new gyms unsure whether it would ever begin to feel like home. As time passed, we realized this place we now call ours is not just another school building, it's a milestone in the history of our town... a new beginning for all Salida students and the start of a brand new

Sophomore Nathan Lowe and senior German Evangelista compete in the Winterfest Wackathalon's milk run put on by the J.Kyle Braid Club.


Junior Emily Rumbold reads The Great Gatsby in Mrs. Clark's English 11 class. Students in English 11 read the book as a lead in to their first semester final.


At the volleyball game in Buena Vista, Haley McCoy, sophomore cheers in front of the overflowing student section for the Spartans.


During the highly anticipated rivalry basketball game against Buena Vista, Rob Adler, junior, cheers amongst the student body in hopes of victory.


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The average student devotes at least 42 hours every week, 1,512 hours every year, which totals to 6,048 hours by the end of senior year, to Salida High School. What pushes us to dedicate such a large portion of our time to being a Spartan? Be it sports practices, drama rehersals, choir and band concerts, or designing the layout for the Tenderfoot Times, we all have a reason. From the crowning of the various dance queens to being captain of the football team, since freshman year, we have all had aspirations, dreams, and goals for ourselves as students, athletes, journalists, artists, singers, scientists ...the list goes on. Your dreams may change and morph into something you never imagined yourself wanting, but we can't stop striving for our goals. When the final bell rings on your final day of high school as a senior, will you have made a difference at SHS? Will you have made every single hour out of the 6,048 spent here worth it? Whatever phase of your life you may be in - the excited , anxious freshman or the eager-to-leave senior, you can't deny the memories made and the "my kid will hear this story one day" moments that were created within the seconds, minutes, hours, days, years, you've spent at Salida High School.




Standard Time Zones of the World


# Olympics 2012: Diving to Your Destiny 



Samantha Sharrar, junior swims the butterfly at the League Swim Meet. Sharrar has been swimming for "practically all her life."


Missy Franklin is now a household name. At only 17, she won five medals, four of which were gold, in the 2012 summer Olympics.

Sophomore Dylan Murphy believes that there should be strong gun control because of the recent events that have occurred in the United States. He does not think that guns should be taken away from everyone, but he thinks they should be taken away from the people who would put them to bad use. "You couldn't kill all of those people in a movie theater without guns."

A Student's Perspective: More gun control? Yay? or Nay?

Senior Kendra Berndt has a very strong view on gun rights. She believes that she should have every gun she owns now and in the future. Kendra uses guns for recreational and hunting use only; she does not think that they should be used for violence. As the saying goes: "Guns do not kill people; people kill people," she explained.


Obama has been our president for the past four years and counting. He believes in equal marriages rights, women's rights, and mentally disabled rights. Barack is the first African American President that America has ever had.


Romney was the runner up for the 2012 election against Obama. He has very different views than our president, but to some that is a very good quality. Romney and Obama have contrasting opinions on a lot of hot topic issues we have today.


Senior Jacob Adamson was elected as the Student Body President of Salida High School for the 2012-2013 school year. He has helped our school grow as a whole by increasing school spirit and by being outgoing.


Julaine Graves, senior, strived to become Senior Class President. She felt that the senior class would benefit greatly with her in office. Julaine ran with senior Brandon Coleman as her Vice-President.


Junior Garrett Bachand lifts a weight in his 7th hour weight lifting class.


Om Yun Chol won the gold medal in the 2012 weightlifting event during the summer Olympics by lifting 3 times his body weight (around 370 pounds).

Living the Lives of the Stars Living in the world that we live in today, television, music, and technology are a part of our everyday lives. Our Salida students are sure to go far as they are already on their journey to becoming the next big thing.

## Histary in The

 II AHİGUpbeat. Memorable. Defining. Current Events.


Much like in the hit TV show "The Voice," sophomore sisters, Amber and Ashley Kimberlin sing "My Heart Will Go On" by Celine Dion at the School Talent Show.


Junior Jenny Feng and freshman Jose Hermosillo dance the night away at the Winterfest Dance much like the popular television series "Dancing with the Stars".


Spirit week is a week full of crazy costumes that are worthy of the big screen. Pixie Oversole, sophomore, shows off her flapper girl outfit for the 1920's themed day.

## Top 5 Dances of 2012



1The Harlem Shake Sophomore Class

2 amam Style Sophomore Jonna Glasby



The Wobble Emily Dewberry, senior, and Harmony Hartranft, sophomore

## 4 The Bernie

Caleb Lowe, senior



Freshman
Damien Leewaye


Junior Brandi Johnson and freshman Shea Donovan sign their names in support of Rachel's Challenge.


The Doom inspires the Spartan community below him with a pride filled speech at the Homecoming bonfire.

# Fadine into FALL 

 Windy. Colorful. Brisk. Fall.

After the "Rachel's Challenge" assembly, junior Katrina Clark and sophomore Jessica Adamson exchange warm embraces.

The homecoming queen nominees stand with their escorts after the homcoming assembly.

Brandon Coleman, senior, pushes forward
for extra yardage, despite two tackling Lake County players.

After the Powder Puff football game, the winning team comes together in a final huddle.


Homecoming Queen Reh Vanatta is crowned by student body president Jacob Adamson. Reh said, "I was very surprised when my name was called. It was definitely a new experience. I really didn't think I would end up getting queen.

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The Lake County Panther's mascot goes up in flames at the Homecoming Bonfire.

Olivia Lowe,
freshman, tackles
senior Micaela Lowe
during the Powderpuff
football game. The
senior and sophomore
team won by two
touchdowns.


German Evangelista and Rio Wintz walk in front of the student body during the Homecoming assembly.


Avery Martinez, junior, addresses the crowd during the Q \& A portion of Mr. Salida High. Even though it was his first time in the pageant, Avery placed second.


Senior Isaac
Stackonis hands homecoming queen nominee Kayla Gobin her flower at the homecoming assembly.


The senior class, feeling accomplished, poses after hiking up Mt. Shavano, a fourteener, on September 16.


Sophomore Jimmy Fontana shakes cans of gold spray paint to use on the sophomore homecoming float.



Students jam out at the Homecoming dance on September 8. The dance was the first one to be held in the new high school.

## Question:

What is your favorite fall tradition?

## Answer:

Fall is the best time to dirt bike because the weather is perfect: not too cold, not too hot.
-Junior, Ashby Hibbs


Members of the sophomore class clap their noisemakers and ring their cowbells during the Pep Rally.
Senior Janet Barrientos crowns the emotional Michael Procko, junior, who was awarded the title of Mr. Salida High, and $\$ 200.00$, at the fourt annual Mr. Salida High male pageant.
Many seniors pose in their homemade togas on the annual Spartan Toga day during the Homecoming Spirit Week.
On September 6th, several senior guys toast to scorching the Lake County Panthers at the Homcoming Bonfire.


Alex Ottmer, freshman, plays "The Hey Song" along with his other bandmates at the Homecoming football game.

At the homecoming dance, freshman Aaron McCorkindale shows off his moves.


Sophomore Meghan White colors in Mr. Maxwell's (Mrs. Lamont's) mustache for Mr. Salida High, while Mrs. Lamont (Mr. Maxwell) watches.



Avery Martinez, junior, acts as the owner of a cafe in the drama production "Casa Blanca". Juniors Adrian Ramsey, Amanda Cahill, Kyle Medlin, Avery Martinez, and Micheal Ricci act out a shooting scene in the drama club's spring production. Isaac Koelsch, junior, and Annie Deveney, senior, sit by the cafe piano in Casa Blanca.
Explaining an event in the play, Melissa Belmonte, junior, talks to Orion Gamber, junior.

Receiving the Boettcher Jacob Adamson and Ashlyn Stewart, seniors, both were recipients of the Boettcher Scholarship this year. They were two of forty finalists that now get a full ride to any college or university in Colorado. Stewart said, "The first interviews weren't as bad as people had described, I just had to be confident. It took nine days for them to notify me about getting the scholarship. I tried not to think about it too much, but I still checked my mailbox everyday!"

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Students of the Life Skills class show off their weight lifting poses while in a gym class.

Senior Thomas Myers practices reading a childrens book for the class's trip to Head Start.

Logan Oversole, senior, builds a puzzle while senior Thomas Buckingham watches over.


## "The Animal" Editor

The Literary and Arts Annual is a unique publication to showcase students' artwork and writing. It's not a small undertaking to be an the editor of it, either. Kyle Fowler was appointed co-editor with Bekki Simko this year until she graduated at semester. The "Animal" awarded cash prizes to Harmony Hartranft, Jessica Adamson, and Isaac Koelsch for writings they submitted this year.
Ast Hour
Charlotte Price,
sophomore, works on
a class project in Mr.
Maswell's World

## 14 

 Snow. Goggle Tans. Layers. Winter.10. Sophomore Jacob Schoenfeld competes in a match at the Rob Mikel Wrestling Tournament in Salida.
11. Watch movies.
12. Go on a hut trip.

13. Clay Hiser, sophomore, and juniors Cody Johnstone and Rob Adler spend a day at Keystone Ski Resort.
14. Go hot tubbing.
15. Bake cookies.
16. Junior Evan Schehrer, sophomore Austin Bridges, and freshman Jesse Orris perform in the Winter Band Concert.
17. Go sledding.
18. Meghan White, Harmony Hartranft, Kelsey Peter, and Sienna Rahe, sophomores, show off their outfits for Hipster Day.
19. Go ice skating
20. Seniors Caitlin Batty, Kayla White, Sage Kitson, and Cassidy Thompson, Winterfest queen nominees, pose with their escorts Jacob Adamson, Luke Rankin, Thibaud Aerts, and Kyle Fowler, seniors.
21. Go snowmobiling. 7. Play "Just Dance"
22. Go snowshoeing.
23. Read a book.

Belmonte scream in excitement when they see Justin Bieber at the Pepsi Center in Denver.


20. Sophomores Tandi Gaalaas and Ricci Serrano share a hug at the Winterfest dance.
21. Play ice hockey. 22. Julaine Graves, Claire Zwaan, and Peonie Wong, seniors, show off their outtits on "80's day" during the Winterfest Spirit Week.

29. Drink hot cocoa or cider. 30. Kaitlyn Moltz, freshman, dribbles out of pressure during the BV vs. Salida game.
31. Go to the Holiday Parade.
32. Winterfest queen Sage Kitson, senior, smiles after being crowned.

17. Senior Caleb Lowe shows his Spartan spirit by wearing a purple, black, and white mask as he plays the drums for the Spartan basketball games.
18. Micaela Lowe, senior, spends her day ice skating in Gunnison.
19. Many students came out to support the SHS basketball teams for the rivalry game against the BV Demons on January 15th.

23. Survive the Mayan apocalypse. 24. Seniors Rio Wintz and German

Evangelista are covered in streamers, baby food, and whipped cream after competing in the first annual Winterfest Wackathalon.
25. Go to Winterfest.
26. Many students attended the 2013 X Games in Aspen which which started on January 24th and ended on January 27 th. 27. Perfect your goggle tan.
28. Watch the Superbowl.


A quick glance around the school and one would know a lot has changed in the past year. A new, beautiful, building, a new P.E. curriculum, along with uniforms, new faces, and new activities, just to name a few. With all these new things had to come change. We've lost many memorable parts of our old building such as our beloved field house, and "the bell," our famous meeting spot. They were a small price to pay for a desperately needed new facility. A new persona has taken over the students of Salida High School, this building has opened many opportunities for all of us, ones we're all excited to take advantage of, and ones we wouldn't have been awarded without the gracious support of our community. So, as the last member of the Class of 2013 walks across that new gym floor and is awarded their hard earned diploma, they become the first class to graduate from the new and improved high school. They become a new phase of history, as will the rest of you attending SHS, and to all who will attend SHS, embrace each new phase.

## ACADEmICS



If your life was a book what would the title be? Sergio Reyes, senior, states "The title for my life story would be Faith is My Strength." Senior Daniel McFarland says "The title for my book would be The Small


Creative, sweet, and smart: these are the words that describe Jessica Adamson, but with her words and her imagination, she can be anything she wants to be. This past year, she entered a competition to create a 50,000 word book within the month of November. "It's always been a dream of mine to have a book published; even though I didn't get this published, it is still a huge accomplishment of
mine," said Jessica. Most 15 year olds will only write what's required in thier English classes. Writing a book at this age was a challege that Jessica was willing to face. Jessica came up with her book idea from a dream she had about a mad scientist from the future that captures a young girl. She has gone above and beyond and has her heart set on something big. Town Salida Man."

Sophomore Jessica Adamson focuses on writing a story in her English 10 Honors class.
Freshman Chris
Bowers and sophomore Nicole Adkisson take notes on the difference between editing and revising.
-Senior Isaac Stackonis grabs the crowd's attention as he recites his poem at the Poetry Slam Workshop at Western State College in Gunnison.


## |Тне Пент Сh артеп

## Poetry. Metaphor. Grammar. English.



Senior Kento
Marlow and senior Luke Rankin, interact in the game "ninja" to build presentation skills for presenting poetry.

Hannah Sites, Sophomore, reads the book 1984 during her English 10 Honors class.

As a mere seventh grader, historical events. Through a special Kordell Redmiles challeged himself and attended Adam State and took four college courses. Along with HGP 110 and 111(History Government Philosophy). Redmiles also took America During World War and Philosophy. Redmiles went with his mother to the classes and realized that he enjoyed researching and anazlyzing
enrollemnt the professor allowed Redmiles to take the college courses as a 13 year old.With ease, Redmiles recieved A's in all his courses. Comparing his college course wth the high school courses, Redmiles said, "There are a few similarities, for instance when we research different countries, we look for the same things." With Redmile's knowledge of the past, his future is sure to be bright.

Obama, Romney, or Neither?


Freshman Storm McBeth says, "Obama definitely for the win."
 Freshman, Kimmy Peterson says, "Obama is my vote."


Evolving In Time
Maps. Culture. Heritage. History.


During American History, Rob Adler, junior, skims through the textbook to find an anwser for his worksheet.

Sophomore, Ruth Bartel presents her miniature self-made house that represented a slave house during the early 1900's.
Sophomore Marcos Lozano concentrates on finalizing his answer for his test on graphing lines of equations.

$\square$Justin Parker, junior, graphs the answer to his homework on the board for the class to see.

Tessa Weber, junior, graphs her systems of equations from her Pre Calculus book in Mr. Bechtel's class. In Mr. Bailey's class, sophomores Kelsay Lundberg and Faith McKenna observe their slinky model with great focus. The slinky model was to teacht them the force of gravity.

Zef Rivera, junior, jots down notes in his Algebra II class with Mr. Bailey.


Gilchrist. I understand the way he teaches," Weber said. Next year she plans on taking no short cuts, either. Her senior schedule will include Anatomy and Physiology as well as Calculus. After high school, Tessa hopes on going to the University of Wyoming to possibly become an accountant.

If the math teachers ran in the 2016 Presidential election, who would win and why?



Would you rather dissect a baby llama or a baby manatee? Why?


Kelsey Lindbloom, a freshman who could easily outsmart a senior, is head over heels for her future in the science field. This year, Kelsey hopes to compete in the Colorado State Science fair. Kelsey stated,"I do science fairs just because I really enjoy it and it opens a lot of great opportunities in the future." Lindbloom also said,"This year, my project is about researching
food sources in Microbial Fuel Cells to try to find the greatest energy production and I will be testing carbohydrates. I hope to particiate in the International Science Fair this year because of the \$50,000-\$75,000 scholarships and the chance to interact with people from all over the world."

Many people know quite a bit about computers, but what happens when that knowledge phases into a passion? Junior Orion Gamber knows. Gamber signed up for Mrs. Stagner's Web Design class in order to fufill the mandatory credit required by Salida High School, but ended up finding a real interest in computers.

A hopeful Orion wants to possibly pursue a computers based career designing video games. When asked about his favorite computer brand, Toshiba was Orion's first choice because of the nice quality. Excited about the rest of the year, the high shool junior has excelled in many ways in that class, and will continue to strive for greatness.

If you could create any shortcut on the computer, what would it be?
"I would probably create a shortcut to Facebook," states senior Laura Nelson.


Junior Orion Gamber works contently on a computer in "MOUS." He works with great focus, hoping to only improve his computer skills.

Julianna Lambrecht, senior, concentrates in "MOUS," working on creating a product brochure in Microsoft Word.
Sophomores Stephanie Feather and Shepherd work dilit ophers on the new computers.

## Adv AחCing into TECHMOLOGT

## Excel. Technology. Mouse. Computers.



Seniors Amir Bazara and Mitch Bullard strive to complete their computer projects in Mrs. Stagner's class by the end of the quarter.
Zeke Mason, sophomore, focuses on his computer activity in the computer class "MOUS." The project was to create a product brochure using Microsoft Word.


If you could open any business, what would it be?


Senior Nick
Keserich says, "I would own a sneaker shop. I currently own like 30 pairs of sneakers."

Business is one of those subjects a student truly has to be interested in to take. It requires a student to strive to know more about the business industry. Also, for the student to be aware that they are the young visionaries of the business world. Luke Rankin, a senior, is currently taking three business classes and is striving to learn as much about business as he can.

He is attending Entrepreneurship, Accounting, and Economics with Mr. Kapushion. In the future Luke is interested in having a business of his own. He states,"I'm planning to be a successful young entrepreneur one day." One of the most valuable things Luke has learned in the variety of his different business classes is how to keep accounting books. His favorite class is Entrepreneurship.


Senior Luke Rankin takes the lead in a monopoly game in Mr. Kapushion's accounting class.
Charlotte Price and Tristyn Bowers, sophomores, put together the refrigerator for the school store, the "Doom Room."
Chance Ogden, senior, reads his monopoly card in his Accounting class as he practices book keeping. Monopoly is played in order to teach the students money management skills.

## Transitioning IחTO THE שORLD

## Numbers. Monopoly. Leadership. Business.



Justice Phillips, senior, and Tom Roberts, junior, play Monopoly in Accounting to practice dealing with and handling money.
Mr. Kapushion helps Jamie Granzella, sophomore, plan how to set up the future school store. The "Doom Room," as it will be named, is going to be next to the elevator.

Cassidy Perri，freshman， threads her needle with colorful thread for her decorative embroidery piece．

Freshman Odette Shin focuses on the tiny stitches on her piece． Students learned many stitches including the french knot．


## БRロயாロ

 CLロSER Fashion．Family． Cooking．Consumer Sciences．To prepare for a possible state office in FCCLA，Bailee Gardunio， studies her notebook．

Sophomore Morgaan Walters－Schaler waits for her apple fritters to cool during the Foods and Nutrition class．

Chase Abbott， sophomore，practices his waiting skills． Mrs．Tessitore teaches etiquette along with cooking skills．



Family and Career Community Leaders of America，FCCLA， is a little known club at our school．Its main focus is to promote personal growth and leadership development through family and consumer sciences education．Bailee Gardunio is focused whole－ heartedly on this goal．She has competed in FCCLA
competitions both her freshman and sophomore years，earning top awards both years for her recycle and redesign outfits．This year， along with her normal FCCLA competitions，Bailee will also be running for state office． Running for state office involves a lengthy process at both district and state levels．

Which embroidery stitch is your favorite？


Sophomore Tristyn Bowers said，＂I really like the straight stitch because you can use it for anything．＂


Would you rather do a leg, core,or upper body workout?
"I would rather do a leg workout because legs are used in every sport," said Lauren McDonald, sophomore.


New gym. New track. New uniforms. This year has been filled with change for Ms.Johnson and her number of PE and weightlifting classes. With the new locker rooms, new bathrooms, and even showers if needed, students have more room to get dressed, and an all around great facility. Also,
students this year saw the return of the track (brand new and beautiful) allowing them to participate in the mile. A new weight room filled with various weights and equipment means athletes looking to "buff up," for their sports have access to all the weights they could want, and plenty of room to lift.

What is your favorite media?
Ali Higgins, sophomore, replies, "My favorite is lead because it feeds my love of drawing."

Sophomore Faith Mckenna states, "I like acrylic paint because it's forgiving and easy to work with."


Whether you started with crayons or washable markers, everybody colored when they were a small child. Art, from an early age, was installed in all of us. For senior Caitlin Batty, her love of art blossomed when she decided to fill a mandatory art credit her freshman year. Her mandatory class came to be a voluntary passion she has now worked on for all four years of her
high school career. Caitlin states,"Art is a great way to express yourself and let people see a special side of you." She is known for creating life-like images of dogs in all sorts of media. She plans on continuing to practice her love of art, and might even pursue a career in it.

Senior Caitlin Batty starts to draw her figurative acrylic painting on industry. These projects tend to last for months at a time.

Brooke Golden, sophomore and Art 2 student, uses white paint to finish her Ray Fenwick inspired piece.

Using water color pencils, Stella Humble,
sophomore, adds color to her graphic design project.

## ERASIחG \& Recre Ating Sketchbooks. Contrast. Creativity. Art.



Painting her canvas white, Julaine Graves, senior, gets ready to start her large self portrait created by small intricately colored squares.
Sophomore Derek Scott uses brand new Macs in the art room to help inspire him for his alphabet project in Art 2.

When asked where you want to go on vacation, some might answer Palma De Mallorca, Spain. It is a small island located on the southern side of Spain. It is filled with white sandy beaches, crystal waters, and beautiful landmarks. Marcos Lozano, sophomore, who is currently a foreign exchange student at Salida High School is lucky enough to
live there. When presenting a powerpoint about his homeland he stated that he likes to swim on the beaches and ski on the mainland. To live where Marcos lives, he must know three different languages. He needs to speak spanish, english, and catalan, which is native to Mallorca. He speaks all three beautifully.

What's your favorite way to learn a language?


Junior Rob Adler states, "When words are compared to things I already know it helps me remember them. One example would be Platas meaning silver could be represented by silver plates."


Sophomore and foreign exchange student Marcos Lozano presents a slideshow about his homeland and culture in Spain.

Harmony Hartranft and Haley McCoy, both sophomores, transformed cheers from english to spanish which they shared with their Spanish 1 class.

## Stella Humble,

 sophomore, presents her short story about a sheep and shepard in spanish to a Spanish 1 class.
# ШロRLロL TRAMSFORTATIOחS Spanish. Memorization. Culture. Foreign Language. 



Sophomores Stella Humble and Mikey Myers create an infograph using pictures and sentences about Spain.


Freshmen Karlie Scherff and Ally Price hold up their poster describing themselves in spanish.

## $\square$

 Juniors Jacquelyn Yokeley and Darby Himschoot warm up their voices during choir practice.Sammi Wallis, senior, shows her school spirit by wearing a bow at the Mountain Choral Festival held at Salida High School this fall.

# Cre Ating A пeш meLロロ 

## Soprano. Melody. Voice. Choir.

During the 2012 Mountain Corral Festival, Choir teacher, Ms. French, takes a minute to praise her students for their hard work and dedication throughout the semester.

Juniors, Jacquelyn Yokeley and Darby Himschoot sing with other students from around Colorado at the Mountain Choral Festival.

Jayme McCorkindale,
senior, and Amber Kimberlin, sophomore, harmonize with other choir students from around the state.


If you could play any different instrument then what you play now, what would it be and why?
"If I could play any other instrument, it would probably be the Saxophone because it is a jazzy instrument, " states Jesse Orris, freshman. "I would play the guitar because I don't know how to play a string instrument and I would like to learn," says freshman, Kelsey Lindbloom.


Hannah Sites, sophomore, etc," said Hannah. This year, with has been playing the the addition of a new band saxophone since the fifth teacher, Mr. Wilkens, the band grade, and has taken concert has been filled with new band and jazz band both years of high school. You may wonder what the difference really is. "Concert band is a wider variety of sounds and different sections get to 'show off' their own unique sounds. Jazz is more of a variety of songs like ballads, Latin, rock, opportunities for members. "We've had a lot of chances to play outside of school in honor bands, during parades, and at more sporting events," Hannah stated. Mr. Wilkens has gotten off to a great start at Salida and the band is sure to continue to excel.

Kristin Clark, senior, and freshman Odette Shin play their clarinets during band practice.

Freshman Maria Johnson concentrates on her sheet music during band practice.


## ST AGE THE PERFECT HARMOחד

## Instruments. Major. Treble Clef. Band.



During Jazz band, sophomores Hannah Sites and Kelsey Quick play "Mood Indigo," a slow ballad written by Duke Ellington.

Gavin McReynolds, freshman, plays his tuba during band practice.

Jay Peterson, senior, is focused on his music and trumpet in band class.

## 10 Ways to Tell if You're a Yerd (Yearbook Nerd)

1. If the most important thing is food, food, food
2. When you make an emergency exit plan for your pregnant teacher
3. When you find Mr. Kapushion in the 1979 yearbook
4. When the week of final deadline is scarier than finals week
5. If the only reason you go to a pre-J-Day conference is for the pizza
6. When you check yearbook avenue more than Twitter or Facebook
7. If the highlight of your summer is yearbook camp
8. When you're haunted by nightmares of people not being in the book
9. When your job title is a year-ologist: one who studies the year
10. If your greatest joy comes from capturing each phase of the year

Top from left: Adviser Emily Lamont, Nicole Donohue, Ainsley Bright, Meghan White, McKenzie Everett, Harmony Hartranft, Mia Golin, and Brittainy Martin. Middle from left: Sara Berkenkotter, Lexie Dewberry, Olivia Lowe, Morgaan Walters-Schaler, Katrina Clark, and Michaela Medrano. Bottom: Emily Dewberry and Janet Barrientos. Not Pictured: Kelsay Lundberg and Kaitlyn Moltz


## HASES OF THE بE AR

 Captions. Photos. Layouts. Le Resume.Le Resume has been capturing each phase of the year since the 50's. This year marks the 100th edition being produced by a completely student run staff. The Le Resume staff is a tight knit group that works together on the book as well as putting on the Mr. Salida High production for the community to enjoy.

## The staff learns the

 dance to "What Makes You Beautiful" before teaching it to the Mr. Salida High contestants. Mr. Salida High is put on exclusively by the Le Resume staff and is debatably the biggest production put on by the school.Last year's books await buyers.


Top from left: Adviser Deborah Bass, Catie Wilken, Jonna Glasby, Haley McCoy, Sarah Wilson, Riley Donovan, Michael Ricci, Kyle Fowler, Avery Martinez. Bottom from left: Jihyun Shim, Sienna Rahe, Ashlyn Stewart, Robin Petersen, Reh Vanatta, and Ashley Potts.

Most people don't realize how hard it is to run the Tenderfoot Times and produce a student run newspaper every month, but Ashlyn Stewart sure does. She has worked her way up to the top, starting as the assistant editor of the Times her sophomore year and working as the editor-in-chief her junior and senior years. She is often seen working in Ms. Bass's room during what little spare time Ashlyn has. Along with running the Tenderfoot Times, she
takes Physics and AP Literature, as well as plays tennis. When asked about the best part of working on the Times, she turned the question to her staff and said, "Ask them. They're the ones who go out and work so hard to get the stories. I love that about the Times. The way we all work together."


The Tenderfoot Times is one of the longest running high school produced newspapers in Colorado. Without any funding from the school, the Times has been produced since 1918. Each year, students put out 9 editions for the entire student body as well as the public to see.

## Modifiea ПロחтнLצ Editions. Newsprint. Columns. Tenderfoot Times.



Betsy and Ed Marston, editors of the High Country News, talked to Tenderfoot staff during a presentation.

${ }^{-}$Juniors Robin Petersen, Sarah Wilson, and Catie Wilken, along with sophomores Madison Leinster and Sienna Rahe enjoy refreshments celebrating the paper coming out.

Sophomore Tandi Gaalaas uses the band saw to cut a strip of wood for cutting board she is making.
Dane Smith, freshman, utilizes the scroll saw to make precise cuts for his project.


# S닏́́ IחTロ THE FUTURE. Sawdust. Blades. Creating. Woods. 

Senior Shelbie Cribari sands down the edges of her book shelf that she is building for her Woods II project.
Michael Berndt, sophomore, prepares a plank by carefully measuring and marking his estimates.

$\square$ DDavid Freeman, junior, cautiously saws through a block of wood for his individual project. In Advanced Woods or Building Trades, students get to express their creativity through woodworking.

Shelbie Cribari, senior, is the only girl in Advanced Woods. Cribari has taken Woods I so that she was able to proceed into Building Trades. She has enjoyed woods every step of the way; she finds it "fun and easy." She has enjoyed being part of building and assembling wood pieces and parts, even as a child she

would always help Sean, her older brother, build things like a tree house. Wood shop is not only a place that rekindles those memories but is her favorite class of the day. Cribari has accomplished many intricate pieces such as a cutting board, box, wall shelf, and a DC sign.

Q: If you had 24hrs to build anything you wanted, what would it be ? Why?


I would build a box to put a subwoofer in it. -Jhett Trenary, freshman

Definitely a bike rack because they are very expensive. - Marc Smith, junior


With each year, Salida High School sports go through their own revolutions. Every team loses seniors and gains freshmen along with new players from all across the grade range. First games have been played as football had a great season on our newly layed turf field, whose endzones proudly read "SPARTANS." If you listen closely you can still hear the first cheers as the volleyball team scored their first points on the shiny wood floors of our new gyms. With each new sports season comes new spirit, and Spartan pride fills the campus, as well as the community. From soccer to volleyball, swimming to football, our teams make our town proud, winning awards and making it to state competitions. Everyone is ready to accept each phase of victory, whether it be personal, or as one united team against the opponent.

## Athletics



## 36




Шітн А Пєш Sснロロレ COmes GRE AT EHPECT ATIOחS Pass．Tackle．Score． Football．

Tony Gentile， junior，reaches for the ball in the mass chaos against Lake County．

The Spartan boys battle against the Buena Vista Demons in a huge rivalry game that brought many fans and supporters．

Sophomore Colton Newcomb， kicks off to Ellicot after a Spartan touchdown．

Andy Kien，senior， slaps hands with his teammates as he is announced before the game．



Alec Coscarella, junior, looks back at his teammates, senior Brandon Coleman and sophomore Nathan Lowe as the Spartans line up for an offensive play. Freshmen Allen Barrientos and Jacob Chrestensen, get excited for the homecoming football game against the Lake County Panthers. Brandon Coleman, senior, bursts onto the field in excitement to face the Buena Vista Demons.

Senior Luke Rankin sprints to get open during the BV vs. Salida home game on September 21, 2012. Generations of Spartan athletes have looked forward to the rivalry games against Buena Vista.

Alec Coscarella, junior, takes down a Lake County Panther with the help of his teammate. The Spartans had a victory of 21-8.

The Spartan football team lines up for the National Anthem before a big game at home.


This year Salida had the opportunity of receiving a new high school and football field. Along with this, came new players as well. Many new freshmen played, but there were also three upperclassmen in particular who took a chance and played football for the first time. Senior Daniel McFarland and juniors Tony Gentile and John Michael Kreski were three students that were convinced by the coaches, players, and peers to join the team this season. "It was very hard getting to know the sport, but in the end I'm glad I did it and I made tons of memories," said Kreski. Each player was extremely glad they joined the team and ended up loving the sport and the
experiences that came with it. Gentile said about his experience on the team, "I wanted to try something new and football was definitely the right choice, I can't wait to play again next year!" They all agreed it was hard with so many injuries during the season, but they learned to work through it, especially with their helpful coaching staff. "The coaches were really encouraging, the fans were awesome, and the cheerleaders were great," said McFarland. The Spartans finished their season with a 3-6 record.


## Transition off the net

Spandex. Ace. Rotation. Volleyball.


McKenzie Everett, junior, sets the ball high into the air for Rebecca Finley, sophomore. On the starting lineup as a sophomore, Rebecca plays for her first year with the Salida Spartans. Finley says, "This year was different from last year because there are less people here and this school is less competitive, but the girls are easier to get along with."

While being announced for the starting lineup, Rio Wintz, senior, high fives her rooting teammates. On Senior Night, the volleyball team played the Florence Huskies. After battling five games, the Spartans were defeated by just a handful of points.
In the huddle before the Centauri game, the team goes over their tactics for a hopeful win. The Spartans worked hard, but in the end, unfortunately, they came up short. At their first home game of the season the girls' result was three games to two, resulting in a loss.

Sophomore Brooke Golden hits the ball hard over the net as the opponents attempt to block the ball.

Junior McKenzie Everett jumps high to get the ball before it hits the floor.

Mellissa Rodriguez, junior, and senior Kayla Gobin share a laugh and a high five at the BV game.


The volleyball team went on an they made us all better players adventure this year. The season started with new coaches. The coaches were Kelsey Loveless, Kristi Krom, Sarah Nazzaro, Dawn Pursell and Sarah Small. Everyone had different opinions. Taylor Miller, a freshman who played on C team and JV, said, "I really liked the new coaches this year. They took the time to get to know us and were really supportive. They knew what they were doing and were eager to share it with all of us. Overall I think
and a closer team." Morgan Holm, junior said, "The new coaches were good; we improved, and overall were a better team." Morgan is a junior and played for the varsity team. The coaches were a change for most of the previous players, but they were liked and the team had a great year.


## $\square$ <br> Senior Rio Wintz pushes the ball over the net towards the opposing players at a home game.

Morgaan Walters-Schaler, sophomore, hits the ball, sending it over the net into the arms of the other team.

Sophomores Jamie Granzella and Jamie Treat congratulate each other with a silly face at a home game. At the home tournament, Matt Trueblood, senior, displays a well stanced swing with his club. Matt's personal best this year was an 86, shot at the Elmwood tournament.

Junior JG Mendocino focuses while getting ready for the putt at the home tournament on September 14, 2012.
Chance Trueblood, sophomore, uses great technique while hitting the ball at the home tournament.


Up to Par- Even though the boy's golf team lacked in numbers, it didn't lack in dedication or perseverance. The only senior on the team, Matt Trueblood, says the season overall was very successful. Most of the boys even reached personal bests. As a leader on the boy's golf team, Trueblood did very well in his season, shooting an 86 in Elmwood. His younger brother, Chance Trueblood, was on the team as well. He is a sophomore and Matt said "It was nice playing with him because we needed kids on the team, but I don't like playing sports with
him." Matt said that he would sometimes pick on his younger brother, but that was all in good fun. During the season the guys would travel 2-3 times a week, meeting at the golf course to leave early in the morning, usually while it was still dark. This year the coaches helped inspire the team more, especially because the members on the team wanted to take the season more seriously. Even with all the hard work, they would still have fun goofing off before tournaments. With the younger underclassmen boys on the golf team, the team is sure to be strong again next year.

## Would you rather have Kim Kardashian or Snooki be your caddy?


"Kim Kardashian because then I wouldn't have to be near Snooki whining about how my bag is too heavy and maybe Kim could distract my competitors."
-Clay Hiser,
sophomore

I would like Kim Kardashian to be my caddy because she is a little more attractive than Snooki.


Sயוกธை் FORUARD
Birdie. Putter. Bogie. Boy's Golf.


Junior Ashby Hibbs putts towards the hole during the home tournament.

Matt Trueblood, senior, shows his skill by carefully putting the golf ball onto the fairway from the rough. Matt was the only senior on the team this year, carrying the team as a true leader.

Carson Colgate, senior, has been playing soccer since he was six years old. Colgate lived in Westcliffe before this year and would drive two hours a day to be able to practice with the team. Carson shows he is willing to do anything for soccer and dedicates his hours of free time to work on skills by playing with the Chaffee County United club soccer team, which allows 15-18 year olds time to play and become a team. The CCU team gave the boys the opportunity to play together, making it easy for the freshman to step on to the team because they have worked together in previous years. Carson wants to go to
school at the University of Colorado in Boulder starting off with an undecided major, and hopes to play with a club team there. The Salida soccer team went on to the playoffs and finished their season with a 11-4 record. Though leaving the team he has grown up with, it's time for bigger things for Colgate's future. It's bittersweet for Carson to leave a team he's played with since he was young and states, "Since I won't be able to play with those boys who I think of as a family instead of a sad feeling, I hold on to the good times we had on and off the field and those will never be forgotten."

"After such a great season, it was a disappointment to go out in the first round of the playoffs, and although we all expected more, I think I speak for us all when I say it was a successful season. It was great to get support this year, it was the best l've seen from my time playing on the team, and our home crowd proved to be the twelfth man on the field on a couple of occasions."
-Ethan Coit, Junior

"Not being able to extend our season and advance to the next round of the playoffs will push us next year. We are a very young team and have the opportunity to improve and have some dominance in our division."
-Evan Schehrer, Junior

"I'd like to thank Coach Ben Oswald for teaching me so much. Coach Ben not only teaches us how to play the game, but shows us class and how to grow as young men. This season was an excellent start to my other seasons to come, and I look forward to next year."
-Nick Thayer, Freshman

Senior Thibaud Aerts, a foreign exchange student from Belgium, stretches to steal the ball from a Lake County Panther.

The game against the James Irwin Jaguars, freshman, Nick Thayer runs to the ball after Amir Bazara, senior, passed it to get through the defense of the Jags.

Junior, Michael Procko, gains control of the ball against the
 Panthers of Lake County. Salida beat the Panthers 3-2 in overtime.


Carson Colgate, senior, looks down the field to score a goal against the Jags from James Irwin. The Spartans won 3-0 against the Jags.

Sophomore Will Gilchrist takes a shot at goal against the Lake County Panthers defense.

$\square$
Ethan Coit, junior, plays defense against Vanguard Charter High School. Salida defeated Vanguard 2-0.


EhP Anding to חEW GOALS Goals. Cleats. Striker. Boy's Soccer.



## ロ ASHIחG тロ Dロтin AпCE

 Mile．Insanity．Pace． Cross－Country．Frehsman Taylor Stack finds his zone while running the last leg of the boys＇race．Stack had an impressive year and represented the Salida Spartans nicely

$\square$
As the girls behind her lose sight of her purple jersey， senior Riley Ceglowski maintains her strong pace．


Sophomore，Evan Smith，sprints the last leg of his race， with his teammate Caleb Johnson close behind．

Keeping her eyes on the finish line as she digs deep， sophomore Allison Lofton finishes the race．



The SHS boys cross country team stretch to get their muscles ready for a race.

Lauren McDonald, sophomore, strides to the finish, contributing to her team's 1 st place trophy.

The Salida girls proudly show their 1st place trophy to the Salida fans after placing 1 st at the home meet.

Surging to the front at the Salida home cross country meet, Phoebe Powell, freshman, finishes 1st on the Salida girl's team.

Junior Sammi Sharrar, freshman Kaitlyn Moltz, and sophomore Allison Lofton get in some ab workouts at practice so they'll "look good on the podium."

The Salida boys cross country team huddles at the start line, preparing themselves for a win and a fun race.


Taylor Stack, freshman, overcame a disappointing injury this last winter and still was able to come back strong in this year's cross country season. In December, he had a sledding accident that sliced his left knee open when he hit a rock giving him a 6 month recovery time. Taylor said that he was mostly bummed that he couldn't ski anymore that season because it was his favorite thing to do in the winter. However, Taylor was more worried about how the injury would affect his cross country season. "Even though the doctor said I'd be fine by the start of the season, I was still afraid I wouldn't be able to do as well as I
wanted to," explained Taylor. He was able to use an arm bike at his mom's medical clinic for exercise and was always finding new ways to get a workout in. Once Taylor was cleared by his doctor, he laced up and went out for a run. He said "Running for the first time after my injury was rough. I limped and felt slow. I was still able to get in two miles though. My distance got increasingly longer as I continued to train and I was back to running like I had in the past." Taylor's injury clearly had no affect on his cross country season. He came back strong, fast, and determined, placing 7th at state in the 3A boy's race.

Senior Sage Kitson bears down on a flat stretch during the mountain bike race in Elbert. Kitson placed 5th out of 14 riders in the varsity girls division.

Alex Ottmer, freshman, signs the Colorado League jersey after finishing his race in Nathrop. Racing on the team was the first time Ottmer had ever mountain biked. He is also planing on joining and racing with the team next year.

Sophomore, Hannah Sites prepares to begin a steep climb at the home race in Nathrop. Sites finished 15th out of 38 in the JV girls division.

## СН AпGIחG БeARS

 Tread. Dust. Speed. Mountain Biking.


The air around me is thick with 'I love you's.' These aren't joking, 'I love you so much man, bros for life.' No, these are sincere, heartfelt, and heartwarming. The Mountain Bike Team has allowed almost every person who has ridden with them to improve their riding skills, and given them the chance to interact with all grades, boys, and girls. As a senior this year, Sage Kitson has had the full four year experience of loving teammates and coaches. When asked what it was like to be a leader on the Mountain Bike Team, the first thing she said was, "I love the team like a family." She stressed how much the team really does resemble a family. They eat together, work together, camp together, and love biking together. Sage explained that to be a role model that the younger girls look up to for riding advice, and even advice about life, was an incredible feeling. She said, "I love having girls come up to me for help. I never thought I would be 'that girl' that people looked up to. I mean, from being the only girl on the team the first year, to being a girl that is looked up to is the best feeling." As an irreplaceable member of the team she has come to love, and a role model to all she rides with, Sage will be greatly missed. No matter where her dreams take her, she will always find support in the family she is leaving behind.


Isaac Stackonis, senior, receives feedback from head coach Fred Maxwell after his race in Elbert, Colorado. Stackonis finished 3rd out of 28 in the Varsity boys race.

Marc Nickerson, senior, races along a flat stretch of the home course in Nathrop. Salida ended up placing 5 th out of 25 teams.

Rob Adler, junior, recovers after coming off a log step during the JV boys race in Elbert, Colorado.
 T AHING SPIRIT TO
UHOLE חEய LEVEL Clitter. Hair Spray. Basket Toss. Cheerleading.


#### Abstract

Haley McCoy, sophomore, does a show and go at the Homecoming football game against Lake County on September 8th. She is being based by senior Cassidy Thompson, junior Savanah Lee-Sobal and junior Emily Rumbold.


The Salida Spartan
Cheerleaders give students a sneak peak of their routine during the student homecoming pep assembly Friday,
September 7th on the new turf field.

Freshman Odette Shin and Sophomore Kelsey Peter hold up a banner before the home game against our rival team, Buena Vista Demons.




The Salida Spartan competiton squad poses with their first place trophy at the "Battle on the Ridge" competition on October 13, 2012 in Dakota Ridge, Denver.

Sophomore Kelsey Peter cheers with her team at the Ellicott football game as the Spartans take the lead.

Haley McCoy, sophomore, and Odette Shin, freshman, cheer at a home football game in September.

The Salida Spartan Cheerleaders worked hard everyday this season; in practices, at games, and at competitions. Truth is, they put just as much time, effort, and hard work into what they do at Salida High School as any other athlete. They spent early morning practices and many hours running the same routine over and over again. Their competition squad was undefeated all season until state, where they took second place. Senior Julaine Graves has been cheering since she was a freshman. She explained how all the girls on the squad become so close
because they always have to work together. Julaine said that the coaches have inspired her in the way they could always push through the small problems and focus on the main goals. Her favorite memory of the season was the last football game in Rye. "It was my last game, It was bittersweet but we all goofed around and had a lot of fun." Senior Reh Vanatta talks about state competition "I really couldn't have asked for more! Although second place isn't first, it was an amazing performance and a huge accomplishment for us."


Junior Mellissa Rodriguez chants a cheer with her stunt group at the Dakota Ridge competition in Denver.

Senior Reh Vanatta, Sophomore Haley McCoy, and Freshman Olivia Lowe present part of their routine for State Competition at the home show case.

Demi Vanatta, sophomore, and seniors Micaela Lowe, Cassidy Thompson, Reh Vanatta, and Michaela Medrano perform at the State Competition December 8th. They would go on to take second, losing by only a 16 th of a point.

This season, the boys basketball team played with a small squad consisting of many lower classmen. Nick Keserich, one of the two seniors on the team states, "You just have to keep trying and never give up." Nick was debating whether or not to play this season. He decided to play because he had played the previous three years and wanted something to keep him busy. He loved scrimmaging at practices, but disliked the conditioning. Nick mentioned,"It was tough not having much experience on the team, but we kept getting better all season." Excitingly, the boys received new jerseys and a new gym. Nick commented that he missed the field house, but the new gym and school was a fresh start. During his season, he started varsity in the position of post guard and was very successful. This season brought many new fans, support, and spirit.

Question: Who is one professional basketball player you look up to, why?

"Michael Jordan because of his dedication and hard work." -- Jonah Byars, sophomore

"David Robinson, because he doesn't care about wealth, he just loves to play the game." -- Caleb Johnson, junior

SHS students show some Spartan spirit during the BV vs. Salida boys basketball game.

Harry Spencer, junior, concentrates for the rivalry game by listening to music.

Freshman Josh Scott looks for an open teammate to pass to during the boys JV game in the main gym. The girls and boys JV games alternated between the two gyms.

Senior Nick Keserich tries to continue the offense by looking for an open teammate. Nick was one of the only two seniors on the team.

Dylan Deleo, freshman, regains control of the ball during the JV Lake County game after stealing it from an opponent.

Junior Evan Schehrer looks to drive the ball to the basket during the Salida vs. BV game.



## 52



# Rebouniont Pride <br> Dedication. Support. Teamwork. Girls Basketball. 

$\square$Sophomore Brooke Golden drives past a Buena Vista Demon towards the basket.

Searching for an open teammate, Jamie Granzella, sophomore, takes advantage of the pick set by Morgan Holm.

Maya Godina, sophomore, claps hands with
teammates after a hard played six minutes.

Sophomore Lauren McDonald rallys her teammates with an inspiring speech before the Manitou Game.




The varsity team greets their fans at the pigtail game. The lady Spartans beat James Irwin 45-25. Fending off a Buena Vista Demon, Lexie Dewberry, freshman, searches for an outlet to pass to during the home JV game.
Sophomore Morgaan Walters-Schaler brings the ball down the court towards her offense in the pigtail game against James Irwin.


On the 15th of January history was made in Salida High School. It's not often that over half the school turns out to watch our girls basketball team. Arriving with only faith, hope, and trust in the team we stood behind, fans could almost touch the excitement in the room. Morgan Holm said about the win, " The feeling of beating Buena Vista in our house for the first time in over thirteen years is indescribable. It was such a big accomplishment for our team, and lady Spartan basketball is only going up from here." Morgan is the oldest girl on the team this year as a junior, but says that it doesn't feel that way at all. "I've been playing with the majority of these girls for
as long as I've been playing basketball. I'm not treated different by anyone except maybe the freshman who look up to me because I'm older." Morgan also said that her biggest inspiration this year were the freshmen on the team because she enjoys being around them and seeing their love for the game. When they swept Buena Vista, Morgan said it gave the whole team more confidence, which probably is what brought them so far into the regional competition. Beating our rivals once more later in the season in their house, was just the cherry on top for many girls on the team.

Thane Smith, senior, gets Edward Rodriguez a former Spartan, now rival, on his back for a pin. Smith went undefeated with a record of 41-0.

Kordell Redmiles, freshman, prepares to take down his opponent from TCA at a home dual.

During regionals, Brandon Coleman, senior, pins Jesse Head of Hotchkiss to place first.
Coleman went on to place fifth at state.


## GR APPLICG FOR

 GLロR!Take-down. Champions. Reversal. Wrestling.



Sophomore Jake Shoenfeld cradles his opponent during the Rob Mikel. Shoenfeld went on to place first at the tournament.
During the Rob Mikel tournament, junior Jacob Wood pins his opponent form Hotchkiss. Wood was one of the five wresters that qualified for state.

Matthew Trueblood, senior, fights for an escape during the Rob Mikel tournament. Trueblood finished the season placing sixth at regionals.


Thane Smith, senior, is often seen as the intelligent and genuine guy you see around the halls of Salida High School, but he proves to be more than that. This season Smith left the Spartan fans in awe with his ability to keep an undefeated record of 41-0. It wasn't his consistent winning that impressed wrestling fans, it was his humbleness and self desire to improve with every match. Even with him being the State Champion at 195 pounds for the 3A division, Thane said "I could have pinned the guy faster." Thane was honored to receive the coin used during the championship match by the referees. Along with Smith, seniors Brandon Coleman and Chance Ogden, Jacob Wood, junior, and sophomore Jake Schoenfeld competed at the state tournament, in which Coleman placed fifth.

Question: What are your thoughts about wrestling being taken out of the Olympics?

"I find it pretty ridiculous because wrestling was the main sport when the Olympics first started. It makes me mad." Chance Trueblood, sophomore


$\square$
Senior Chance Ogden pins his opponent from Louis Palmer during the Rob Mikel tournament. Ogden went on to place second at the tournament.

During the Rob Mikel tournament, junior Tony Gentile attempts to gain control over his opponent.

Nathan Lowe, sophomore, has John Lopez of Buena Vista on his back during the home dual against the Demons.

Salida swim team celebrates after winning the home swim meet at the very beginning of their season.

Senior Kayla White congratulates a competitor on an outstanding performance she put up against Kayla.


You may think it's easy to beat a record in swimming or diving, but you're totally wrong. Kaylin Garcia, junior, practiced a total of three years to perfect her outstanding dive before making the record board. With the help of her friend and fellow team mate Brooke Love, Kaylin is now top of the charts at Salida High School. "From a very young age, I have been on the swim team in Salida, and when I got into high school, I really wanted to join the driving team." In
order to have a perfect dive you must tuck in your chin to your chest and spot the place you want to enter the water. I was speechless when my coach announced that I was now the top diver of the Salida High School." The swim team has helped Kaylin grow as a person and as a swimmer. "The swim team is like my second family. Everyone is very accepting and will help you improve your performances in and out of the water."

Freshman Jihyum Shim prepares to launch off of the block while her team mate Sage Kitson, senior, helps her get her mental build up.

Sophomores Stephanie Feather and Ali Higgins and junior Kaylin Garcia enjoy a quick break before submerging their bodies back into the fridgid waters.

Ainsley Bright, freshman, glides through the water to cool down after pushing herself to a win in the 400 meter freestyle.



Pixie Oversole, sophomore, has played golf for two years. She is one of the few people in SHS that have a true passion for golf. Oversole said "I take pride in being a part of the team. We have a lot of good girls this year. Golf is one of those sports that isn't recognized very much and doesn't necessarily attract a large crowd." However, that doesn't stop Pixie from enjoying the game. "I think I enjoy golf so much because not a lot of people do it, its kind of like an 'in the closet' sport,"' she said. Pixie also enjoys the sport because it gives her a sense of accomplishment. "It's more of a battle with yourself, no one else. If you let anyone down, it's only going to be you." Nine girls went out for the golf team this year; this includes, seniors Brianna Rose and Riley Ceglowski, Pixie Oversole, Kelsey Peter, Taylor Stout, sophomores, Samantha Sharrar, junior and Christin Smith and Lexie Dewberry, freshmen. Pixie goes on to say she thinks the 2013 season will be a successful one for the Lady Spartans as an overall team.

Question: Would you rather play a round of golf with Justin Bieber or Channing Tatum, why?


Christin Smith, freshman, said "Definitely Channing Tatum because he's hot, tougher than Justin, and doesn't sing."

Kelsey Peter, sophomore, looks off into the distance following her golf ball to see how far away from the tee it lands. In the unfortunate event of a ball hooking one direction or the other occurs, the golf ball could end up on the car path or in the weeds.

Senior Brianna Rose tees up her ball on the first hole of the only Salida golf meet. Brianna this year is the captain of the team.


Samantha Sharrar, junior, takes her pitching wedge back to chip her ball onto the putting green.

Sophomore Taylor Stout sets up her swing for the drive of the first hole at the home meet.

Lexie Dewberry, freshman, finishes her swing with her nine iron.



Pixie Oversole, sophomore, takes a big swing back over her shoulder. With just the right amount of strength behind a swing, the ball can go sailing across the fairway. "My ultimate goal in golf is to make a hole-in-one before my high school career ends.

Setting up to take her putt, junior Samantha Sharrar takes her time into making the perfect shot. Putting takes much concentration to get just the right speed and amount of force. Many things have to be taken into consideration when setting up your final shot on the green.

## GeтTIחG IחTロ тHE SயוֹG ロF THInGS Fairway. Bunker. Par. Girl's Golf.




## Punting tow ards Progress

 Slide Tackle. Sweet Spot. Pre-Wrap. Girls Soccer.Sophomore Ruth Bartel puts a body on a lady Wolverine in the Spartans second game of the season. Bartel went on to score 2 out of 8 goals. Janae Cornwell, freshman, high fives teammates on both sides of the tunnel before the varsity game against Center.

$\square$Micaela Lowe, senior and captain, clears the ball from the Spartans half.


Ruth Bartel is well known for breaking her tibia in a soccer game against CSCS last year when she and an opponent struck a ball at the same time, but what most people don't know is how much she brings to the team. Reh Vanatta, captain, said "Ruth always sets a great example of never giving up, and she's always honest with everyone and will just tell you what she thinks which is nice." And it's true in order to return this season Ruth had to battle through a healing
broken leg, sprained ankle, and almost torn quad at the same time once again demonstrating her "never give up" attitude. During the past two seasons, she has moved from playing as a center back to a center mid and now a forward which is difficult for a player of any caliber. With 11 years of playing already under her belt Ruth plans on playing forever. "I play soccer for the same reason that people's hearts beat, to live. The game and the family are my life."


Senior Brooke Love practices long balls at practice the day before the James Irwin match.

Mia Golin, sophomore, sprints past a defender on her way to the goal. The Spartans went on to win 8-0 against the Lady Vikings.
Senior Peonie Wong searches for an open teammate upfield during the girls first game under the lights.

Quote: "The only thing standing between you and your goals are the lies you keep telling yourself as to why you can't achieve them."-Jordan Belfort

Reh Vanatta, Offensive Center Mid Years Played: 8 Quote: "The vision of a champion is someone who is bent over, drenched in sweat, at the point of exhaustion when no one else is watching."-Anson Dorrance

## Claire Zwaan

Left Mid
Years Played: 6 Quote: ""Don't practice until you get it right. Practice until you can't get it wrong."

Demi Vanatta Defensive Center Mid
Years Played: 7 Quote:
"Champions aren't made in gyms. Champions are made from something deep inside them-a desire, a dream, a vision, a goal." no




Ruth Bartel, Forward Years Played: 11


Kelsay Lundberg,Forward Years Played: 7
Quote: "Pain is temporary, quitting lasts forever."

Freshman Jacob Martinez leads the track team with a hamstring stretch at the beginning of track practice on March 18th, 2013.

Cody Johnstone, junior, launches himself off of the blocks for the 300 hurdles.

Taylor Miller, freshman, is anticipating the gun so she can start the first leg of her relay at track practice.


## Huratinc ta Пeш Harizans

Stride. Hand-offs. Sand Pits. Track.

Diverse Distances and Athletes

The SHS Track Team offers a wide range of events for all kinds of athletes. There is room for the jumpers, for the sprinters, and the people who love

to run distances, too.



Matt Manchego, senior, and sophomores Jacob Schoenfeld and Colton Newcomb begin their 200 M dash.


Freshman Cheyenne Johnson leaps into the pit after completing her long jump attempt.

Sophomore Jonah Byars plants his stance in order to correctly hurdle himself over the high jump bar.

Josh Scott, freshman, is set and ready to race the 300 hurdles during track practice on Tuesday, March 11th.


For the 2013 season, a new coach has stepped up to the challenge of helping the SHS Track Team inch its way to victory. This coach goes by the name of Maxwell. Coach Maxwell says, " 1 joined the the track staff because I love to coach." The track team has had some new athletes join the team because of this new addition. One phenomenal athlete that has joined is Cody Johnstone. Johnstone said, "I did track because of Mr. Maxwell. He is an awesome coach. Also, I wanted to help build up my strength for bike season." Cody also stated, "Maxwell is a great coach because he connects with the athletes and makes them seem like friends instead of just a teacher and a student. This makes him a great coach because the athletes will listen better if they like him." Maxwell coached hurdles and middistance this track season. The new athletes said that Maxwell's personality is amazing and his ability to make hard practices fun is what had persuaded them to join track instead of not participating in a spring sport.


Riley Donavan, junior, carefully works on his form before practicing jumping hurdles from the block.


Freshmen Olivia Lowe and Taylor Miller, and sophomore Morgaan Walters-Schaler get set for the 100M Dash.


## Aaron Scanga and Taylor

 Stack, freshmen, focus on speed work and agility at track practice. the Manitou Pictcher at the JV game on March 18th. Jimmy Fontana, sophomore, leans against the fence as he watched his team play the field during the Mustangs during a JV Game.Third baseman Jose Reneria Hermosillo, freshman, catches the ball and tags 3rd base, ending the 4th inning in the JV game against Center.


## Senior Spotlight



How Long: 1st year played ever What Position: 2nd baseman Reasoning: something new Marc Nickerson


How Long: 1st year in High School What Position: pitcher Reasoning:
To get back into it. Brandon Coleman


How Long: 14 years
What Position: 3rd \& Pitcher Reasoning: To have fun. Nick Keserich


Whether it's America's favorite past time or a card collection, baseball is one of the longest thriving sports in our country. Baseball constantly plays a large part in people's lives. More specifically a Salida High School's senior's life. Daniel McFarland chooses Colorado's own state baseball team. He lives, breathes, and sleeps the Colorado Rockies. The chance of spotting Daniel in anything but Rockies apparel is highly unlikely. It's an obsession that he is most proud of. He has taken it so far that even his
bedroom is sporting a locker room painted wall. Daniel has been playing baseball since he could walk and has fallen in love with the sport. As the Salida High School varsity pitcher he undoubtedly heads the team with leadership. Clay Hiser states, "I'm playing for Daniel, it being his senior year. His passion for the game inspires me." As McFarland goes on to CSU in the fall of 2013 , there is no question that he will still sport the Rockies and Spartan purple, black, and white.

Pitching his first ever Varsity game, sophomore Nathan Lowe throws a curveball to a batting Manitou component in the first game of the season on March 16th.

Marc Smith, junior, throws to third from outfield in hopes of an out in his first ever baseball game against Center. Marc decided to play this season to support his senior friend Marc Nickerson and try something new.



## Pitching For PERFECTIOח Innings. Outfield. Umpires. Baseball.




Senior Daniel McFarland pitches the first game of the season against Center on March 16th. Junior and first year player Russel Evers catches a ball in outfield and throws to home in his second JV game against Manitou.

Kordell
Redmiles, freshman, catches the ball and tags home plate ending the bottom of the fourth inning in the JV game against the Manitou Mustangs.

Some may see going to high school with their younger sibling as a hassle. Having to give them rides everywhere, and be associated with their under classmen status. That isn't the case for senior Ashlyn Stewart, and her younger sister, freshman Dayna Stewart. The two are almost exact opposites to someone who doesn't know them. Dayna is taller than most, blonde hair blue eyed, athletically built and outgoing while Ashlyn is on the petite side, long brown hair, and a tad more quiet. However, once
you get to know them, their personalities become to seem more and more alike. One thing they have in common is their love for the game of tennis. "I've looked forward to playing tennis with Dayna all year," Ashlyn said. "We balance out each other's strengths and weaknesses very well." Dayna has also had the same excitement towards being on the team with her older sister. "I've always loved playing tennis with Ashlyn whenever we have free time during the summer, it's so great to actually be able to share a season with her."

Preparing for her match coming up, sophomore Faith Mckenna improves her over-hand serve during tennis practice.
Senior Jennifer Wentz warms up her arms before she starts to serve.

Ally Cover, junior, practices serving to her team mate. She is preparing for their first home match.

Question: Would you rather play in the Wimbledon Championships or the Hopman Cup?

"I would rather play in the Wimbledon Championships." Dayna Stewart, freshman.

"I would rather play in the Wimbledon Championships." Jessica Adamson, sophomore.


Junior Sarah Wilson bounces the ball while concentrating on what she wants to accomplish in one of Salida's home matches. Freshman Dayna Stewart and her partner Charlotte Price, sophomore, wait while the opposing team gets ready to serve and start the game.

Junior Jenny Feng practices her serve during practice. She is preparing for her first home game of the season.


Senior Ashlyn Stewart runs to get the ball during Salida's first home tennis match against Cheyenne Mountain.
Ally Cover, junior, volleys the ball over the net during her doubles match with senior Ashlyn Stewart at their first home match.
Sophomore Jessica Adamson watches the ball come toward her and prepares for her swing during a tennis match.


# Competins UITH 

TロபธHחESS Baseline. Lob. Volley.Tennis.



## Baseball

Top Left: Chance Trueblood, Alex Ottmer, Ma Trueblood, Brandon Coleman, Clay Hiser, Evar Smith, Daniel McFarland, Tony Gentile, Joh Michael Kreski, Kendra Berndt, Coach Jos Bechtel, and Coach Jim LaCroix. Middle Let Coach Geno, Nick Keserich, Harry Spencer, Luk Rankin, Russel Evers, John San Roman, Natha Lowe, Marc Nickerson and Jimmy Fontane Bottom Left: Chris Bowers, Kordell Redmiles Jonna Glasby, Marc Smith, Jose Rentent Hermosillo, Sol Shepherd, Josh Perez, Dan Smith and Jeremy Scott.

## Boy's Basketball

Top Left: Janet Barrientos, Coach Kourt Marques, Jhett Trenary, Caleb Johnson, Thibaud Aerts, Colton Newcomb, Nick Keserich, Chase Abbott, Dillon Phillips, JG Mendicino, Harry Spencer, Coach Mike Mendicino, and Coach Christiansen. Bottom Left: Jacob Chrestensen, Jose Reneria Hermosillo, Jeremy Scott, Josh Scott, Dylan DeLeo, Chris Bowers, Evan Schehrer, and Derek Scott.


## Cirl'sBasketball

Varsity Top Left: Coach Rocky Granzella, Tristy Bowers, Maya Godina, Lauren McDonald, Sydne Fesenmeyer, Dayna Stewart, and Coach Rand Kapushion. Varsity Bottom Left: Brooke Goldet Allison Lofton, Morgan Holm, Jamie Granzelld Morgaan Walters-Schaler, and Karlie Scherff. JV Top Left: Coach Rocky Granzella, Ant Schehrer, Kelsay Lundberg, Rebecca Finlef Shelby Martin, Sydney Fesenmeyer, Dayn Stewart, and Coach Randy Kapushion. JV Botton Left: Nicole Donhue, Ricci Serrano, Kaitlyn Moltz Olivia Lowe, and Lexie Dewberry

## Competition Cheerleading

Top Left: Coach Kathy Peter, Brianna Rose, Emily Rumbold, Emily Dewberry, Kento Marlow, and Coach Sandy Gardunio. Middle Left: Odette Shin, Micaela Lowe, Harmony Hartranft, Kelsey Peter, Cassidy Thompson, and Haley McCoy. Bottom Left: Bailee Gardunio, Reh Vanatta, Demi Vanatta, Julaine Graves, Mellissa Rodriguez, Michaela Medrano, and Natalie Kresk


## Te Am Pictures

## Fall Cheerleading

Top Left: Natalie Kreski, Odette Shin, Harmony Hartrantt, Savanah Lee-Sobal, Bailee Gardunio, Kelsey Peter, Julaine Graves, Cassidy Thompson, Brianna Rose, Stephanie Feather, Zoe Drake, Emily Rumbold, and Haley McCoy.


## Cross Country

Top Left: Coach Gun, Caleb Lowe, Jesse Koenig, Thane Smith, Riley Ceglowski, Jacob Adamson, Jay Peterson, and Coach Kenny Wilcox. Middle Left: Avery Martinez, Samantha Sharrar, and Caleb Johnson. Bottom Middle Left: Allison Lofton, Evan Smith, Lauren McDonald, and Jessica Adamson Bottom Left: Kaitlyn Moltz, Olivia Lowe, Phoebe Powell, Sydney Fesenmeyer, Morgan Fitzgerald, Russel Orris, and Taylor Stack

## Football

Top Left: Daniel McFarland, Jacob Wood, Dylan DeLeo, Isaac Koelsch, AJ Glovan, Elliot Holzworth, Jacob Schoenfeld, Nathan Lowe, Dane Smith, Josh Perez, Tony Gentile, Colton Newcomb, Nick Keserich, Chris Bowers, Tyler Lennie and Andy Kien. Bottom Left: Michael Myers, Allen Barrientos, Jacob Chrestensen, Alec Coscarella, Brandon Coleman, Chance Ogden, Luke Rankin, Dakota Chavez, and John San Roman


## Boy's Golf

Top Left: Coach Cory Smith, Chance Trueblood, Matt Trueblood, and Clay Hiser. Bottom Left: Ashby Hibbs and JG Mendicino

## Girl's Golf

Left: Coach Jamie Smith, Brianna Rose, Lexie Dewberry, Pixie Oversole, Samantha Sharrar, Kelsey Peter, Taylor Stout, and Coach Cory Smith.



## Mountain Bike Team

Top Left: Alex Ottmer, Chase Abbott, Jonah Byars and Coach Bailey. Top Middle Left: John Office, Mam Nickerson, Marc Smith, Sarah Wilson, Katrina Clark Garrett Bachand, Maya Godina, Jesse Orris, So Shepherd, Riley Donavan, and Annie Devene Bottom Middle Left: Marcos Lozano, Rob Adle Meghan White, Hannah Sites, Coach Bechtel, and Stella Humble. Bottom Left: Isaac Stackonis, Sienn Rahe, Sage Kitson, Kelsay Lundberg, and Coad Maxwell.

## Boy's Soccer

Top Left: Coach Ben Oswald, Michael Procko Carson Colgate, Will Gilchrest, Thibaud Aerts, Ethan Coit, and Coach Rob Gilchrist. Bottom Left: Evan Schehrer, Nick Thayer, and Amir Bazara


## Varsity Girl's Soccer

Top Left: Coach Heidi Slaymaker, Anna Schehre Janae Cornwell, Coach Todd Bright, Ainsley Bright Kelsay Lundberg, and Coach Megan Mohn. Middle Left: Harmony Hartranft, Natalie Kreski, Demi Vanatta, Ruth Bartel, Melia Golin, Mellissa Rodriguez, and Ashley Potts. Bottom Left: Claire Zwaan, Micaela Lowe, Reh Vanatta, Brooke Love Michaela Medrano, Peonie Wong, and Kayla White.

## JV Girl's Soccer

Top Left: Coach Megan, Ellie Gilmore, Meghan White, Sarah LaCroix, Jamie Treat, Mika McConnaughhay, Mychaela Ellsworth, and Coach Todd Bright. Middle Left: Savannah Lee-Sobal, Jessie Pascaralli, Haley McCoy, Audrey Gilmore, Kaitlyn Moltz, and Lene Jensen. Bottom Left: Harmony Hartranft and Kelsey Quick


## Swimming

Top Left: Harmony Balaun, Jayme McCorkindale Sage Kitson, Stephanie Feather, and Kelsay Quich Bottom Left: Jihyun Shim, Ainsley Bright Samantha Sharrar, Kaylin Garcia, Ali Higgins Kayla White, and Brooke Love

## Tennis

Top Left: Jenny Feng, Charlotte Price, Sarah Wilson, Darby Himschoot, Ashlyn Stewart, and Faith McKenna. Bottom Left: Melody Brood, Allie Cover, Jessica Adamson, Sienna Rahe, Robin Potersen, Bailee Gardunio, and Jennifer Wentz.


## Track

Top Left: Coach Fred Maxwell, Lauren McDonald, Jacob Martinez, Bryceton Thomas, Colton Newcomb, Caleb Johnson, Jacob Adamson, Thane Smith, Thomas Roberts, Riley Donovan, Cody Johnstone, Russell Orriss, Megan Walberg, Sydney Fessemyer, and Janet Barrientos. Middle Left: Coach Bob Smith, Coach Ross Kuntz, Aaron Scanga, Avery Martinez, Matt Manchego, Jacob Schoenfeld, Morgan Fitzgerald, Taylor Stack, Josh Scott, Michael Ricci, Allen Barrientos, Phoebe Powell, and Coach Kapushion. Bottom Left: Taylor Miller, Cheyenne Johnson, Brittainy Martin, Morgaan WalterSchaler, Olivia Lowe, Zoe Drake, Nicole Donohue, Maria Archuleta, Sarah Berkenkotter, Allison Lofton, and Odette Shin

## Volleyball

Top Left: Emily Dewberry, Kayla Gobin, Rio Wintz, Shelbie Cribari, Samantha Leeway, and Michaela Medrano. Middle Left: Rebecca Finley, Taylor Miller, Cheyenne Johnson, Dayna Stewart, Harmony Balaun, Jamie Treat, McKenzie Everett, Tylea Enz, Ainsley Bright, and Karlie Scherff. Bottom Left: Paige West, Darryion Huschka, Faith McKenna, Mellissa Rodriguez, Jamie Granzella, Morgan Holm, Morgaan Walter-Schaler, Mika McConnaughhay, and Brooke Golden.


## Wrestling

Top Left: Coach Michael Bena, Coach Jerry Schoenfeld, Thane Smith, Nick Mann, Tony Gentile, Coach Shawn Simpson, Coach Steve Myers, Coach Bob Smith, and Manager Samantha Wallis. Bottom Left: Brandon Coleman, Chance Ogden, Matthew Trueblood, Chance Trueblood, Nathan Lowe, Jacob Schoenfeld, and Kordell Redmiles.

## Te Am Pictures

With each new year, students phase in and out of Salida High School. Middle school students turn into the new additions to the SHS campus, and seniors retire their "top of the totem pole" statuses they rightfully earned over the last four years, only to return to being freshmen, as they dive into their college endeavors. The question is how do we as students change in these four brief years we spend at Salida High School? Freshman year we have the chance to transition from our awkward middle school years into the potential mature students we are expected to be. Sophomore year we just start getting used to the flow of things. Junior year is full of going between sports practices, clubs, friends, and homework, and learning how to balance it all. Senior year hits faster than one would think. Before you know it, you're applying for college, scholarships, and planning out your future. One thing that remains true is that from freshmen to seniors, we are united under one color, one mascot, and one goal: to be the very best we can be in academics, athletics, and in the community. Salida students will continue to grow up and move on; however, the memories we have created together will always be phases of our lives that will never be forgotten.





Ainsley Bright Nicholes Bussing Roberta Cavalea Dakota Chavez Jacob Chrestensen


## FRESHmEn

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## Just the Way You Are

Jacob Chrestensen
Despite being born with Microtia, Jacob has grown into a well rounded, intelligent guy. Microtia is a disease in which the external ear is underdeveloped.
Jacob has had six surgeries on his ear. Instead of letting his ear hold him back, Jacob likes to look at it positively. It has taught him to not bully others and love people just as they are.

## Bringing Stories

 to LifeOutside of doing great in her academics, Kimmy Petersen enjoys writing a variety of stories then making the characters come to life in doll form. She buys simple double jointed dolls and adds her own personal touch to them and makes them relate to her unique stories. She does this by painting and dressing them to show their character.



Look on the Bright Side Do you think it's hard having one sibling? Try having six siblings like Hannah Johnson. This past year, Hannah's family adopted two very young boys, ages two and three, into their family of seven, just to make it a little bigger. Hannah plays a lot of different games with the two little ones so they don't fight with one another as much and to get their minds off of other things.


## Expect the Unexpected

## Storm McBeth

## Getting to know

 Storm McBeth may reveal some things you would never suspect. Storm listens to classic rock as well as techno. He also is in a little known band called Slash. Besides being very musically inclined, Storm also works at the Poncha Springs pet shelter.


## FRESHmEn

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## Passing Through the Years

Chaz Golin
Chaz Golin never attended 5th grade, in fact he skipped it all together. Already young for his original grade, Chaz will now graduate high school at 16. He says he considers himself lucky to have had so many friends in the grade above him before he skipped because it made the transition easier.

## The 15 year old

 Genius Jihyun Shim is what some people consider a "genius". At age 15, she takes both sophomore and junior classes, but is in freshman advisory. She moved from Korea and has had to adjust to differences in the school systems. She says in Korea the kids had to wear uniforms, the teachers rotated instead of students, and they had the same schedule for a full year.


## The Traveling Wonder

Angelena Anttila
Has lived: Glenwood Springs, Saugerties, New York, Montrose, and Salida

Favorite Quote: "Always strive to do what is right in your own heart, not in the eyes of others. Others thoughts are transitory, one minute they will love you, the next they will not. Trust in your own heart and there will be victory."- Buddha

First school memory: Horrible kindergarten teacher-Ms. Kelly


## Potter-Head

 Many people know him for his crazy personality, but Gavin McReynolds has many special talents and dreams just like the rest of us. For starters, he's a major Potterhead a.k.a avid Harry Potter fan. Gavin also plays the bassoon and the tuba. But, what he really loves to do is make outstanding creations out of the first thing in sight.

Nicholas Thayer Macy Thomas
Bryceton Thomas
Sunny Tingler
Jhett Trenary


## The Musical Prodigy

Madison Leinster has been playing the violin for 11 years. She is so dedicated to her music that she drives to Breckenridge every Monday for practice. She also plays in the Young Life band. Madison says, "I'm a very serious player and I plan to be taking it as a career one day, just not in orchestra. Maybe in the pits for plays and musicals."


## Balancing Life

Will Gilchrist
Being enrolled in Stanford Online High School keeps Will Gilchrist busier than most high school students. He takes a rigorous group of classes including AP Biology, Honors English, and a few Philosophy classes. When he was asked whether he missed being in classes with his friends he said that it's fairly balanced between the two, so he doesn't miss much.


Music is a
"Treat" As some know, Jamie Treat's family is incredibly musical. She said that almost every day they're either dancing to "swingin'" music, or they're recording a song. Treat said that there is never a dull moment in her house. "For my family, music has added color to our lives, and drawn us closer together."

## SOPHOMORES



## Flying to New Heights

Colton Newcomb Most teenagers walking the halls of Salida High are only concerned about getting their driver's license, but not Colton Newcomb. He already has a full fledged pilot's license. His entire family has licenses and flies airplanes. This love of flying has prompted Colton to dream of pursuing the Air Force once he graduates.

Raising the Next
"Stock" Market Taylor Stout on what she enjoys about 4-H:

- Life skills
-Meeting new people
-Fun activities
Camps
-Raising animals
-Making money
-Lifestyle


## SOPHOMORES




Through a Mirrored Reflection

I look at my reflection, All I can see: An uneven complexion. 1. An imperfect me.

There's not much to look at, But a great deal to see. I'm not perfect like you,
But unlike you, I'm me. - an original poem written by Stella Humble

## Trumpets and Transitions

Austin Bridges
New to Salida High this year, Austin finds his passion in music, which he inherited from his grandfather. He began studying the trumpet when he was in fifth grade and has continued ever shce. Having moved from Moab, Utah, Austin noticed several differences between schools. "I had never even seen a smart board; we still had chalk boards at my old school," Bridges states.


Jacob Schoenfeld Derek Scott Maura Serrano Sol Shepherd Hannah Sites


Jacob Wood
Estella Humble
Jared Knowles

Robert Adler Garret Bachand Melissa Belmonte
Damien Bussing Austin Cabay

Ethan Coit Alec Coscarella Alexandra Cover Amanda Cahill Katrina Clark

Riley Donovan Victoria Donner Tylea Enz Lexi Erwin McKenzie Everett

David Freeman Orion Gamber Kaylin Garcia Bailee Gardunio Anthony Gentile

Ellie Gilmore Madisan Giorno Ashby Hibbs Darby
Himschoot Joshua Hodgson

Morgan Holm Cheyenne Jamerson Lene Jensen Angel Johnson
Brandy Johnson
Caleb Johnson
Cody Johnstone Aaron Karnuta Jake Kastner Kyle
Knickerbocker



Mr. President Most people only dream of meeting the president, but Catie Wilken fulfilled that dream and met Barack Obama this past winter.

How? She was involved in an internship called Organizing for America that helped the Obama campaign.

What? She received the opportunity to take a picture with the president, and have a short conversation with him; she even attended the inauguration.

When? August 8, 2012

## Triple Threat

Dillon Phillips
Dillion loves the game of basketball. He grew up playing basketball with his mom and older brother. He has played for the school team since 7 th grade always giving his heart to the season. When Dillion grows up, he wants to be a basketball coach.
In his spare time, he likes to bowl, play pool, and go ice fishing. The most important thing to him is his friends and family. Dillon said, "I just love playing basketball!"

## Tipsy Turvy

## Ellie Gilmore

During their stay in Guatemala this summer, Ellie and her family went into Guatemala City on a bus. "Busses were loaded with people. A normal bus usually seats two peole a row, but this bus seated three to four people a row and people standing in the aisle.We were going around one of the mountains and were picking up some speed as well. When we turned around a corner of the moutain, the bus ended u on two wheels. It was a lot of fun," states Gilmore.


Dare-Devil Detective
Besides wearing suits every day for most of his life, Avery also is the mastermind behind "Eddie Mackin-Private Eye": an original radio drama. Avery writes, records, and edits each show then broadcasts it on Sunday nights through KVRH studios with some help from other students around the school. Avery fell in love with radio shows after his grandpa showed him some when he was little. "I love radio shows because you get to use your imagination", states Avery.

Josh Hodgson is always looking for a good time with his friends, one thing being parkour. "Parkour is running up, over, and aroung obstacles to get frow point $A$ to point $B$ as fast as possible," Josh explains, although this isn't the only thing he's interested in. After school, Josh plans on going to college for biochemical weapon engineering. He became fascinated by weapons and bombs by playing war games.


## Justin Parker

Favorite School


Memory: Going to prom as a freshman

Works at: Currents, rolling sushi

Enjoys: Snowboarding like a tough guy

During school: General manager of the doom room

Something unique about you: I have a geographic tongue.

Quote: "I sell muffins like none other." لபחIロRs



## Jacob Adamson

"People are about as happy as they make up their minds to be." -Abraham Lincoln


## Amir Bazarah

"Time is not measured by the passing of years but by what one does, what one feels and what one achieves." -Anonymous


Mitchell Bullard
"Absence diminishes mediocre passions and increases great ones, as the wind extinguishes candles and fans fires."

- Francois de la Rochefoucauld



## Thibaud Aerts

"L'avenir appartient à ceux qui se lèvent tôt." "The early bird catches the worm.'


## Kendra Berndt

"Do not go where the path may lead, go instead where there is no path and leave a trail." - Ralph Waldo Emerson


## Alexis Cardenas

"Put your future in good hands-your own." -Anonymous


## Janet Barrientos

"People will judge what you do, so might as well do what you want."
-Drake


Raymie Bess
"If there's anything I have learned these past four years, it's that everyone is out of their minds. Maybe that's why they call it 'high school.'" -Raymie Bess


## Riley Ceglowski



## Caitlin Batty

"The greatest distraction can be used as the greatest motivation. -Anonymous


Thomas Buckingham
"Do not look back and grieve over the past, for it is gone; and do not be troubled about the future. For it has not yet come Live in the present, and make it all you want it to be."


## Kristen Clark

"Never let the fear of striking out keep you from playing the game. -Babe Ruth


Adrianna Claybrook
"Style is knowing who you are, what you want, and not giving a damn."
-Gore Vidal


## Shelbie Cribari

"The biggest adventure you can take is to live the life of your dreams."
-Oprah Winfrey


## Timothy DeVos

"Men weren't made to
fly, so we built kickers instead."
-Anonymous


Brandon Coleman
"Make your own luck, don't depend on it." -Dan Gable


Katie Criswell
"Knowing is better than wondering, walking is better than sleeping, and even your biggest failure beats the heck out of never trying." -Anonymous


## Emily Dewberry

"With every mistake, we must surely be learning."
-The Beatles

## Annie Deveney

"What we are going to do in our lives, has been waiting for us since we were born"

Peter Sellars


German Evangelista
"Every time I find the key to success, the lock changes."
-Anonymous


Russell Evers
"Piglet sidled up to Pooh from behind. "Pooh," he whispered."
"Yes, Piglet?"
"Nothing," said Piglet, taking Pooh's paw, "1 just wanted to be sure of you.""


## Sage Kitson

"Your mind will quit a thousand times before your body will. Feel the fear and do it anyway!"


## Kyle Fowler

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid." -Albert Einstein


Nicholas Keserich


## Kayla Gobin

"It's up to you how far you go if you don't try you'll never know. -Merlin


## Andrew Kien

"That which you manifest is before you.
-Garth Stein


## Anita Kudasik

"Happiness is a decision. It isn't based on what's going on around us, it's based solely on what's going on
inside of us."


Julianna Lambrecht
'It matters not how many times you fall, what matters most is how many times you rise. Mistakes build character, and character takes you places that money cannot."


## Micaela Lowe

"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt


Jayme McCorkindale
"Unless someone like you
cares a whole awful lot,
Nothing is going to get better.
It's not."
-Dr. Seuss


Samantha Leewaye


Matthew Manchego


## Daniel McFarland

"I can't believe God put
us on this earth to be ordinary.
-Lou Holtz


Brooke Love
"Enjoy the little things, for one day you may look back and realize they were the big things."
-Robert Brault


Kento Marlow
"In a gentle way, you can shake the world." -Mahatma Ghandi


Michaela Medrano
"Thomas Edison's last words
were 'It's very beautiful over there'. I don't know where there is, but I believe it's somewhere, and I hope it's beautiful." -John Green


Caleb Lowe
"I am Batman."
-Caleb Lowe


Tyler Martin


Thomas Myers


## Laura Nelson

"I would rather be hated for who I am than to be loved for who I am not." -B.B Clark


## Logan Dversole



## Justice Phillips

"Promise me you'll always remember: you're braver than you believe, and stronger than you seem, and smarter than you think." -Christopher Robin


## Shayla Neppl

"Never explain yourself. Your friends don't need it and your enemies won't believe it."
-Belgicia Howell


Blaze Perri
"When amidst all the madness, I saw a flower. A dream that was creeping; I kept in my sight. And then it turned and it took me in an explosion that shook me...beauty that screams, I'm alive.' "' -Matt


## Luke Rankin

"You want it, I got it, drippin like whadda!" -Anonymous


## Marc Nickerson

"Even though I walk through the valley of death,
I will fear no evil; for you are with me.


## Jay Peterson

"There's more to living than being alive!"
-Anberlin (Stephen Christian)


## Sergio Reyes



Chance Ogden
"We didn't realize we were making memories, we just knew we were having fun. -Unknown


Jake Phillips
"We cannot direct the wind but we can adjust the sails."
-Anonymous


Brianna Rose
"You never know what the future holds until the future holds you. -Unknown


## Maynor Serrano



Isaac Stackonis
"Art washes away from the soul the dust of everyday life.'
-Pablo Picasso


Matthew Trueblood
"Hit it hard, go find it and hit it hard again."
-Arnold Palmer


Rebekah Simko
"Not that I have already obtained this, or already reached the goal, but I press on to make it mine, because Christ has already made me His own." Philippians 3:12


## Ashlyn Stewart

"Life is like riding a bicycle - in order to keep your balance, you must keep moving.' -Albert Einstein


Cena Tuohey


Thane Smith
"You either die a hero or live long enough to see yourself become the villain."
-Anonymous


Cassidy Thompsan "Let your faith be bigger than your fear."
-Anonymous


Reh Vanatta
"There are no shortcuts to any place worth going.
-Beverly Sills


Samantha Wallis
"If you wait too long for the perfect moment, the perfect moment will pass you by."
-Alexandra Kelly Tedesco


Kayla White
"Those who danced were thought to be insane by those who could not hear the music." -Nietzsche


## Claire Zwaan

"He who asks is a fool for five minutes, but he who never asks remains a fool forever."
-Chinese Proverb


Jennifer Wentz
"Love all, trust a few, do wrong to none."
-William shakespeare


Rio Wintz
"I have two guns, one for each of ya."
-Doc Holliday


Allison White
"There are things that we don't want to happen but have to accept, things we don't want to know but have to learn, and people we can't live without but have to let go." -Anonymous


Peonie Wang
"Collect moments, not things."
-Anonymous
"Make memories while you can."
Shayla Neppl
"Live your senior year and work hard because you are facing another world."

Amir Bazarah
"Keep your head up and finish high school." - Thomas Myers

## LEAVInG םUR LAST m ARH

## "Spice it up.

Chance Ogden
"Make great impressions. Luke Rankin
"Push it to the limit."
Nick Keserich

"Cain some good work ethics."

- Marc Nickerson
"Always do your homework on time."

Tyler Martin

"Don't be lazy, make sure you do everything you need to."

Thane Smith
"Enjoy it while it lasts, and try to build yourself a character."

- Kento Marlow


Jake Phillips Adri Claybrook

## Mast Dutspaken

"People can't handle the truth."

- Adri Claybrook
"It's not a label I would give myself because I don't yet know where I'm headed after - graduation, like Jay. However, I appreciate my class recognition of the work I have put into academics." -Ashlyn Stewart

Biggest Flirt


Mostint Changed Since Freshman Year

"I feel like I haven't changed much. Never would have thought I'd win this."

Shayla Nepl
"My winning is due all to a growth spurt and a high metabolism."

Kyle Fowler




# Danny Shin <br> GENERAL MANAGER 

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## Nick Keserich

## Jacob Adamson

To our Knight in Shining Armor, You have given us so much happiness and we are so proud of you. Hugs \& Kisses, Mom and Dad


Isaac Stackonis \&
Jacob Adamson


Way to go, Isaac and Jacob.
Watch out world!
"You're off to great places! Today is your day! Your mountain is waiting so....get on your way." -Dr. Seuss

Jacob, we love you!

Mom, Eric, and Jessica


## Kendra Rae Berndt



## Kule Fowler, Jayme McCorkindale $\mathbb{X}$ Broake Lave



The three of us have been friends for years through thick and thin, now it's time for us to go our separate ways. We wish each other the best in whatever we decide to do in our future endeavors.

## Friends FOREVER!!



## Anita Agnieszka Kudasik

Anitko:
Jestesmy bardzo dumni z Twoich dotychczasowych osiagniec i zyczymy Ci wytrwalosci w realizacji planow oraz powodezenia w Nowym Etapie Twego Zycia.

We are very proud of all of your accomplishments and wish you a lot of determination reaching your goals and fulfilling your plans while transitioning into the next stage of your life.
Mama, Tata, Iza, and Zuzia



## Jason Gobin

Manager

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## Daniel Golin, PhD

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## Katie Marie Criswell

Our Dear Katie, Congratulations, we are so proud of you! You have so much to offer. Stay true to yourself and always remember; "Wherever you go, go with all your heart." We love you so much,

Mom and Dad

## Shelbie Cribari

We are very proud of you! You did it! Now you can pursue your dreams!

Love,
Mom, Dad, Sean, Nonnie, and the rest of the family


## Jaume McCorkindale



Jayme,
We are so very proud of you and your numerous accomplishments. From your focus on your academics, to your amazing athletic abilities, to your accomplishments in the arts, you are a wonderfully well rounded individual who will succeed in whatever you choose to do in life. We love you so much and know that your future is filled with possibilities.

Love Dad, Mom, Shaunalee, Aaron

## Daniel McFarland



As you take the next step in life, keep God in your life and you can do anything.

Love,
Mom, Dad, and Sara

## Geavanna Janet Barrientas



## Brandon Caleman

Brandon,
Words cannot say how proud of you we are, and how very blessed we are to have you! You have always set your goals high and worked diligently to achieve them. You have an outstanding work ethic in all that you do. Follow your dreams, the world is yours! We have loved sharing these years with you, and can't wait to see what your future holds.
Thank you for being such a wonderful young man!
With all our love,
Dad, Mom, and Family
"Believe deep down in your heart you are destined to do great things."
Brother
I am so proud of you and all you have accomplished. Keep up all of your hard work and it will pay off. You are going to go far! I love you, Bryttney


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## Jesse Kaenig

We began our chapter with the joy of a little boy we named Jesse. We filled him with Fairy Tale Castles and Mickey Mouse Dreams. Now they are just good memories. While we finish writing our final chapters, we look back and realize what a good son you have become. You have filled us with joy and love, and made us proud parents.

Now you, Jesse, must continue on writing the chapters. May you write them with knowledge, good times, and success. If you should stumble on a chapter, remember we will always be there to help you continue your chapters of life.

Good luck in your writings and we love you!

Dad \& Mom

## Sage Kitson

## Congratulations!

You are such a special gift to us. Every day you bring joy to our lives. Your free spirit and beautiful heart warms those around you. Your future holds many great adventures and we know you will continue to live life to its fullest, love, laugh, travel, and touch people wherever you go.

## We love you!

Mom and Dad

## Kendra Rae Berndt



## We love you and are very happy for you. Always remember we are here for you.

God Bless.

## Love,

Mom and Dad


## Ashlun Stewart



## Carson Colgate

Carson John Wayne Colgate,
You are my sunshine, My only sunshine. You make me happy when skies are grey. You'll never know dear, How much I love you... Please don't take my sunshine away.

Carson, we are so proud to be your parents. Your sunshine will be with us forever.
AHHHHHH....CHOOO! Cool story Hansel... Hasta la vista...bayy bee!...
Time is like a cheetah, Carson, don't waste a moment!

## Andrew Kien

Your first word was "tractor," and ever since then you have talked about, played with, taken apart, put back together, collected, painted and loved every toy car, truck, or bicycle you got your
little hands on.
Now you are grown up and this passion still remains. Follow these dreams, be safe and happy knowing we will always support you in your new life
We are very proud of you Andy - now and forever. Love you more,
Mom, Jerrica, Mickey and Braydon
Halsley, Eric, Katelyn and Alyssa Grandma



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## Jennifer Wentz



Our Sweet Boo, Remember your dreams will come true if you continue to have the courage and perseverance to pursue them. Go confidently into this new chapter of your life and achieve your dreams.

We are very proud of you.

Mom and Dad

## Isaac Conor Stackonis

Congratulations! You make us so proud! Not only are you a great son and brother, you are a great friend. You are talented, fun, genuine, smart, kind, athletic and awesome.
Remember to always "choose happiness."

## Michaela Medrana



Michaela, We are so very proud of everything you have done in your years of school. You're beautiful and we couldn't have asked for more from you. Remember to continue to be you and the rest will come into place. Seek God's plan and will in your life.
We love you! Mom, Dad, Derek, and Alan

## Emily Elizabeth Dewherry



## Our Dear Emily,

It seems as though the years have flown by! We have been so blessed and honored to have been on this journey with you. Thank you for always making us proud and for being "you."

Always hold God, Faith, and Family close to your heart, and always remember how very much we love you!

Mom, Dad, and Nash



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## Reh Vanatta

Reh, you are amazing! You have grown into a beautiful woman with great abilities and leadership quality. Your faith in Yahuweh shines through in all you do. It is a privilege to be a part your life. We are proud of you and love you!

- Dad, Cas, and Demi


To say you have been best friends with someone for over ten years is something incredible. Late night calls, Phineas and Ferb marathons, being stalked in Europe...we have been through it all. I couldn't imagine having made this journey through high school without you by my side.Thank you for being my rock, Ash.

Love, Em

## Kayla Gobin

Kayla,
Words cannot describe how proud we are of all your accomplishments and the beautiful young lady you have become, inside and out. We know that with all your strength and determination, you will make your dreams come true. We will be behind you all the way. You have a great life ahead of you and you deserve the best this world can give. Enjoy the ride.

We love you so very much, Mom and Dad


Janet Barrientos

## Sammy Leewaye Adrianna Claybrook

Friendship is unnecessary, like philosophy and like art. It has no survival value; rather it is one of those things that gives value to survival.


## Micaela Lowe

We are so proud of the young lady that you have become! We can't wait to watch you do amazing things in the future. We love you, our sweet girl.

Love,
Mom, Matt, Nate, and Liv


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Clarissa Ferguson, sophomore, is a strong believer in reincarnation. She says, "I feel like i know what I was in a past life; I think it came to me in a dream. I believe that everyone should know who or what they were in their past life. I think that if we could realize that we can find who we were in our dreams then it would be a lot easier to know who we are."

## A

Abott, Chase 24,68,70,80
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Junior Austin
Cabay has had an
obsession with
soda since fifth
grade. He says, "It
keeps me from
losing my mind."
Austin says
Mountain Dew is
his favorite type of
soda. He drinks
two liters of soda
a day at school
and as much as
he can when he is
not at school.

Future Business Leaders of

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Left to Right: Avery Martinez, Aaron Karnuta, Jay Peterson, Julaine Graves, Mitch Bullard, Jacob Adamson, Ashlyn Stewart, Evan Smith, Kelsey Quick, Isaac Koelsch and Mr. Archambeau


Top Left: Jamie Treat, McKenzie Everett, Catie Wilken, Tessa Weber, Kyle Fowler, Brianna Rose, Lauren McDonald, Jacob Adamson, Charlotte Price, Hannah Sites, Daniel McFarland, Ruth Bartel. Allison Lofton, Jesse Koenig, Michael Procko, Jacob Schoenteld, Nick Keserich, Demi Vanatta, Kelsey Peters, Jiyhun Shim, Mrs. Stagner and Marc Smith
Bottom Left: Kayla White, Robin Petersen, Samantha Sharrar, Tristyn Bowers, Morgaan Walters-Schaler, Jessica Adamson, Sienna Rahe, Faith McKenna, Meghan White, and Jennifer Wentz

## J. Kyle Braid



Top Left: Jamie Treat, Kyle Fowler, Avery Martinez, McKenzie Everett, Jacob Adamson, Michael Procko, Ethan Coit, Ashlyn Stewart, Evan Smith, Jacob Schoenfeld, and Nathan Lowe
Bottom Left: Isaac Stackonis, Samanth Sharrar, Jessica Adamson, Faith McKenna, Sienna Rahe, Kelsey Quick, and Kayla White

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Cole Tanner Hobby: Playing his bass guitar Favorite Sport:
Track \& Field Favorite Movie: Inception Favorite Book: Pacific Vortex by Clive Cussler. Role Model: His father

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John Sanchez Hobbies: Playing video games, specifically Uncharted 3 on the PS3 Dream Job: "I think it would be cool to be a chef."
Something Few People Know About You: "I actually talk a lot."

National Art Honor Society


Top Left: Sarah LaCroix, Sam Wilken, Russell Orris, Nigel Kucera, Derek Scott, Annie Deveney, Faith McKenna, Brooke Golden, Riley Donavan, Angelena Anttila, Ethan Coit, and Caitlyn Batty Bottom Left: Shea Donavan, Isaac Stackonis, Julaine Graves, Ruth Bartel, and Audrey Gilmore

Key Club


Top Left: Catie Wilken, Tessa Weber, Kyle Fowler, Samantha Sharrar, Lauren McDonald, and Ashlyn Stewart
Bottom Left: Claire Zwaan, Savanah LeeSobal, Janet Barrientos, Julaine Graves, Hannah Sites, and Jihyun Shim


Top Left: Claire Zwaan, Julaine Graves, Avery Martinez, Melissa Belmonte, Kayla White, Robin Petersen, Bailee Gardunio, Jennifer Wentz, and Tessa Weber


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| are lucky |
| enough to be |
| different, |
| don't ever |
| change." |
| Best Friend: |
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Sarah LaCroix Dream College: "Well l'd probably go to a school in Hawaii because it is our sister state and c'mon, its Hawaii.

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Drama Club


Top Left: Kimmy Peterson, Adrian Ramsey, Amanda Cahill, Ashley Kimberlin, Aaron Karnuta, Orion Gamber, Mitch Bullard, Isaac Koelsch, Annie Deveney, Aaron McCorkindale, Avery Martinez, Melissa Belmonte, and Kyle Medlin
Bottom Left: Marcos Lozano, Michael Ricci, Isaac Stackonis, and Julaine Graves


Top Left: Catie Wilken, Isaac Stackonis, Jacob Adamson, Julaine Graves, Ethan Coit, Avery Martinez, Jacob Schoenfeld, and Ashlyn Stewart
Bottom Left: Sydney Fesenmeyer, Jessica Adamson, Lexie Dewberry, Kaitlyn Moltz, and Sarah Kilorn

Family, Career and Community Leaders of America


Left to Right: Kendra Berndt, Bailee Gardunio, Aaron McCorkindale, Sarah Kilorn, Audrey Evaskovich, Mychaela Ellsworth

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$95,96,109,116,123$

Favorite Color:
"Pink, more than any color."
Favorite
Teacher: Gilly
(Gilchrist)
Favorite
Subject:
Geometry
After School:
Hanging out with her friends

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Tala Cox, freshman, has been skiing for five years and hopes to continue for many more. Her mom and step dad were the people to first get her into this extreme hobby.

Inロeh

National Honor Society


Top Left: Ethan Coit, Jacob Adamson, Kyle Fowler, Janet Barrientos, Jay Peterson, Jennifer Wentz, Evan Schehrer, Jesse Koenig, and Michael Procko Bottom Left: Catie Wilken, Isaac Stackonis, Claire Zwaan, Michaela Medrano, Tessa Weber, Kayla White, and Ashlyn Stewart

Poetry Club


Left to Right: Jacob Adamson, Annie Deveney, Isaac Stackonis, and Julaine Graves

Phase, volume 100, was produced by the Le Resume' yearbook staff at Salida High School in Salida, Colorado and was printed by Jostens. The account was serviced by Megan Philipp. The 2012-2013 volume was printed using spot color and the Rainforest color scheme including Freshwater, Lava, Iguana, and Wildflower. All body copy was set in 12 point Helvetica and headlines were set in 28 point Ashley and 18 point Ebony. Layouts were submitted to the plant by internet. Phase was produced using Jostens Yearbook Avenue Designer. In order to publish the 128-page PhASE yearbook, two co-editors, one photo editor, one layout editor, three photographers, fifteen staff members, and one adviser dedicated many hours inside and outside the publications room. Phase provides information and recaps the year from beginning to end, capturing each new phase. The yearbook was made for students, by students. The Le Resume' yearbook staff presents this yearbook, hoping it provides you with many memories as you continue on in a new PHASE.

# The Final Phase 

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